

Event Plan and Site Plan for Paddling Skills day at Oxbow Park

Nearest Hospital
Legacy MT Hood
(503)674 - 1112
24800 SE Stark St, Gresham, OR 97030

Insurance provided by Diversify Whitewater and American Canoe Association

6:30-7:00am

Administrative team, instructors and vendors arrive and begin set up of

- Registration - Alder Shelter
- Covid safety info desk and protocols - Alder Shelter
- Parking control and safety
- Instruction sites - Surrounding Alder Shelter and with river access
- Food prep and service sites -

8:00am

Begin registration of participants

- Participants will be directed to park in an organized fashion
- Participants will first go through registration where they will sign waivers for recreational activities and covid -19 safety compliance
- Participants will sign up for a selection of instructional segments to be attended throughout the day

9:00am

- Begin event with land-based welcome of participants and general safety briefing
- Break for paddling and skills segments rotating through the stations approximately each hour.
- Four craft instruction blocks will be available during each time frame. Kayak, Canoe, Raft and Stand Up Paddle board instruction will be available to participants from qualified instructors.
- Examples of instructional segments
 - PFD fitting and craft selection
 - Beginner Paddling instruction- forward, reverse, how to turn the craft
 - Intermediate paddling instruction - righting, getting back in or on craft, advanced paddle strokes
 - recreation time - skills application

9:30-12:30

First instruction block

12:30-1:30 Lunch break *Food will be available for free to participants throughout the event- whether they bring their own lunches or utilize event provided pre-packaged lunches.

1:30-4:30

Second Instruction block

- Alder Shelter space will be subdivided to allow Registration, first aid, and administration to occupy one section and the rest be available for shade, lunch and other instructional needs.
- There will be medical staff onsite in the event of an emergency in the form of First aid and CPR certified paddling instructors, WEMT staff and or volunteer RN's.
- All on-water activities will require a coast guard approved PFD to be provided by event staff for each participant and instructor.
- Instructor will provide on water lessons on four types of watercraft (to be staged at rivers edge or near alder shelter and carried down).
- There will be a 1:4 instructor to participant ratio at all times.